About

Experience Counts

Take Care Health Employer Solutions is the nation’s premier provider of workplace-based healthcare services. A Walgreens Health and Wellness Company, Take Care Health Systems is a leading operator of onsite health, wellness and fitness centers, as well as onsite pharmacies, and health promotion and disease management programs. Take Care Health Systems has more than 40 years of experience operating health centers for large employers across the country.

To learn more, visit www.takecareemployersolutions.com

Convenient Access to Quality Healthcare and Pharmacy Services at Work!

Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to Privacy and Confidentiality

The privacy of your healthcare information is of the utmost importance at the Notre Dame Wellness Center. Take Care Health Systems, who manages the Wellness Center, will maintain patient medical records in accordance with their stringent and well-documented security standards, as well as in compliance with all applicable state and federal laws. This assures privacy of all interactions and healthcare services at the Wellness Center. No one at Notre Dame will have access to your personal health information.

Quality Staff. Quality Relationships. Quality Delivery.

The Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to the Good Health and Wellness of the Notre Dame Community

Notre Dame continues to invest in and enhance benefit programs to help faculty, staff and their families maintain and improve overall health and well-being.

As part of that ongoing wellness commitment, the University is pleased to provide a state-of-the-art onsite workplace wellness center, offering best in class healthcare and pharmacy services.

Operated by

Take Care Health Systems

Experience Counts

Take Care Health Employer Solutions is the nation’s premier provider of workplace-based healthcare services. A Walgreens Health and Wellness Company, Take Care Health Systems is a leading operator of onsite health, wellness and fitness centers, as well as onsite pharmacies, and health promotion and disease management programs. Take Care Health Systems has more than 40 years of experience operating health centers for large employers across the country.

To learn more, visit www.takecareemployersolutions.com

Convenient Access to Quality Healthcare and Pharmacy Services at Work!

Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to Privacy and Confidentiality

The privacy of your healthcare information is of the utmost importance at the Notre Dame Wellness Center. Take Care Health Systems, who manages the Wellness Center, will maintain patient medical records in accordance with their stringent and well-documented security standards, as well as in compliance with all applicable state and federal laws. This assures privacy of all interactions and healthcare services at the Wellness Center. No one at Notre Dame will have access to your personal health information.

Quality Staff. Quality Relationships. Quality Delivery.

The Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to the Good Health and Wellness of the Notre Dame Community

Notre Dame continues to invest in and enhance benefit programs to help faculty, staff and their families maintain and improve overall health and well-being.

As part of that ongoing wellness commitment, the University is pleased to provide a state-of-the-art onsite workplace wellness center, offering best in class healthcare and pharmacy services.

Operated by

Take Care Health Systems

Experience Counts

Take Care Health Employer Solutions is the nation’s premier provider of workplace-based healthcare services. A Walgreens Health and Wellness Company, Take Care Health Systems is a leading operator of onsite health, wellness and fitness centers, as well as onsite pharmacies, and health promotion and disease management programs. Take Care Health Systems has more than 40 years of experience operating health centers for large employers across the country.

To learn more, visit www.takecareemployersolutions.com

Convenient Access to Quality Healthcare and Pharmacy Services at Work!

Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to Privacy and Confidentiality

The privacy of your healthcare information is of the utmost importance at the Notre Dame Wellness Center. Take Care Health Systems, who manages the Wellness Center, will maintain patient medical records in accordance with their stringent and well-documented security standards, as well as in compliance with all applicable state and federal laws. This assures privacy of all interactions and healthcare services at the Wellness Center. No one at Notre Dame will have access to your personal health information.

Quality Staff. Quality Relationships. Quality Delivery.

The Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to the Good Health and Wellness of the Notre Dame Community

Notre Dame continues to invest in and enhance benefit programs to help faculty, staff and their families maintain and improve overall health and well-being.

As part of that ongoing wellness commitment, the University is pleased to provide a state-of-the-art onsite workplace wellness center, offering best in class healthcare and pharmacy services.

Operated by

Take Care Health Systems

Experience Counts

Take Care Health Employer Solutions is the nation’s premier provider of workplace-based healthcare services. A Walgreens Health and Wellness Company, Take Care Health Systems is a leading operator of onsite health, wellness and fitness centers, as well as onsite pharmacies, and health promotion and disease management programs. Take Care Health Systems has more than 40 years of experience operating health centers for large employers across the country.

To learn more, visit www.takecareemployersolutions.com

Convenient Access to Quality Healthcare and Pharmacy Services at Work!

Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to Privacy and Confidentiality

The privacy of your healthcare information is of the utmost importance at the Notre Dame Wellness Center. Take Care Health Systems, who manages the Wellness Center, will maintain patient medical records in accordance with their stringent and well-documented security standards, as well as in compliance with all applicable state and federal laws. This assures privacy of all interactions and healthcare services at the Wellness Center. No one at Notre Dame will have access to your personal health information.

Quality Staff. Quality Relationships. Quality Delivery.

The Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to the Good Health and Wellness of the Notre Dame Community

Notre Dame continues to invest in and enhance benefit programs to help faculty, staff and their families maintain and improve overall health and well-being.

As part of that ongoing wellness commitment, the University is pleased to provide a state-of-the-art onsite workplace wellness center, offering best in class healthcare and pharmacy services.

Operated by

Take Care Health Systems

Experience Counts

Take Care Health Employer Solutions is the nation’s premier provider of workplace-based healthcare services. A Walgreens Health and Wellness Company, Take Care Health Systems is a leading operator of onsite health, wellness and fitness centers, as well as onsite pharmacies, and health promotion and disease management programs. Take Care Health Systems has more than 40 years of experience operating health centers for large employers across the country.

To learn more, visit www.takecareemployersolutions.com

Convenient Access to Quality Healthcare and Pharmacy Services at Work!

Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to Privacy and Confidentiality

The privacy of your healthcare information is of the utmost importance at the Notre Dame Wellness Center. Take Care Health Systems, who manages the Wellness Center, will maintain patient medical records in accordance with their stringent and well-documented security standards, as well as in compliance with all applicable state and federal laws. This assures privacy of all interactions and healthcare services at the Wellness Center. No one at Notre Dame will have access to your personal health information.

Quality Staff. Quality Relationships. Quality Delivery.

The Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Take Care Health Systems and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Committed to the Good Health and Wellness of the Notre Dame Community

Notre Dame continues to invest in and enhance benefit programs to help faculty, staff and their families maintain and improve overall health and well-being.

As part of that ongoing wellness commitment, the University is pleased to provide a state-of-the-art onsite workplace wellness center, offering best in class healthcare and pharmacy services.

Operated by

Take Care Health Systems
The Wellness Center provides Chronic Condition Management Programs to help manage chronic health conditions (an illness lasting three months or more) such as asthma, arthritis, diabetes, heart disease and cancer.

The Wellness Center offers health and wellness programs that focus on prevention and lifestyle improvement – with the goal to identify and reduce health risks and ultimately prevent illness and disease. Programs are available in nutrition and weight management, smoking cessation, stress management and more.

Proactive Chronic Condition Management

The Wellness Center provides Chronic Condition Management Programs to help manage chronic health conditions (an illness lasting three months or more) such as asthma, arthritis, diabetes, heart disease and cancer.

Full-Service Wellness Center

The Notre Dame Wellness Center provides private, confidential care, including:

• Routine Primary Care
• Urgent "Walk-in" Care
• Pediatric Care
• Physical Exams
• Lab Services
• Vaccinations
• Allergy Management
• Physical Therapy
• Wellness Coaching
• Chronic Condition Management
• Health Risk Assessments
• Specialty Pharmacy Infusion Program
• Referrals to Specialists when necessary
• Occupational Health Services, including Workers’ Compensation

All your family can utilize the Notre Dame Wellness Center as your primary healthcare provider, or you can utilize the center for specific wellness components such as health risk assessments, lab services, physical therapy and more. The Wellness Center staff will always work closely with your local community healthcare provider in providing information and coordinating care.

Specialty Infusion Services

The Wellness Center will provide intravenous hydration and medications, as well as therapy management, to meet the specialized need of patients with chronic diseases requiring long-term infusion therapies.

Health and Wellness Coaching

The Wellness Center offers health and wellness programs that focus on prevention and lifestyle improvement – with the goal to identify and reduce health risks and ultimately prevent illness and disease. Programs are available in nutrition and weight management, smoking cessation, stress management and more.

Physical Therapy

A comprehensive array of physical therapy services that help to reduce pain, improve body motion and function, and promote overall health are available at the Wellness Center. Licensed physical therapists will provide one-on-one, onsite personalized treatments through techniques including: postural training, back stabilization, exercise program development, stretching and strengthening, joint and soft tissue mobilization, ointment, traction and electrical stimulation.

Convenience and Accessibility

The Notre Dame Wellness Center provides convenient hours, making it easy to obtain appointments and services and to drop-off and pick-up prescriptions.

Scheduling Appointments

You can also utilize the Wellness Center’s online scheduling tool at www.WellnessCenter.nd.edu. Appointments are recommended, however walk-ins are welcomed and same-day appointments may be available.

Eligibility

The Notre Dame Wellness Center is available to:

• All full-time, benefit-eligible faculty and staff
• All benefit-eligible dependents

Appointments are accepted for scheduled care, urgent care, occupational health, and wellness programs that focus on prevention and lifestyle improvement – with the goal to identify and reduce health risks and ultimately prevent illness and disease.

Using the Notre Dame Wellness Center can be cost-effective for all eligible faculty, staff and dependents. Co-pays, fees, deductibles, co-insurance and out-of-pocket costs are dependent on one’s particular healthcare plan (i.e., whether you have a Notre Dame-sponsored healthcare plan, another healthcare plan, or no healthcare coverage).

Pharmacy

The Notre Dame Wellness Center includes a full-service Walgreens Pharmacy, providing you with pharmacy services, patient counseling and more, including:

• Fill, Refill Prescriptions
• Generic Program
• 90-day foil
• Specialty Infusion Services
• Medication Therapy Management
• Compounding (drug compounding, drug therapies, medication profiles and more)

Pharmacy Hours of Operation

Mon. – Fri. 7:30 a.m. – 7:30 p.m.
Sat. 8:30 a.m. – 12 noon

Specialty Infusion Services

The Wellness Center provides specialty pharmacy services, as well as therapy management, to meet the specialized need of patients with chronic diseases requiring long-term infusion therapies.

Scheduling Appointments

You can also utilize the Wellness Center’s online scheduling tool at www.WellnessCenter.nd.edu. Appointments are recommended, however walk-ins are welcomed and same-day appointments may be available.

Pharmacy

The Notre Dame Wellness Center includes a full-service Walgreens Pharmacy, providing you with pharmacy services, patient counseling and more, including:

• Fill, Refill Prescriptions
• Generic Program
• 90-day foil
• Specialty Infusion Services
• Medication Therapy Management
• Compounding (drug compounding, drug therapies, medication profiles and more)

Scheduling Appointments

You can also utilize the Wellness Center’s online scheduling tool at www.WellnessCenter.nd.edu. Appointments are recommended, however walk-ins are welcomed and same-day appointments may be available.